### MOSSMAN STATE HIGH SCHOOL
Semester 2, 2017 – Course Outline - PED122A – Mr Cox

<table>
<thead>
<tr>
<th>Unit Name</th>
<th>Main Ideas</th>
<th>Duration</th>
<th>Assessment Item</th>
<th>Due Date</th>
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<tbody>
<tr>
<td><strong>Figueroa's Framework</strong></td>
<td><strong>FOCUS AREA C</strong> &lt;br&gt;- Individual level &lt;br&gt;- The role of self-concept, personal beliefs, values and attitudes. &lt;br&gt;- Institutional level &lt;br&gt;- The impact of institutions such as families, schools, sporting clubs, religions and politics on access to physical activity. &lt;br&gt;- Cultural level &lt;br&gt;- Cultural influences on body image, the social construction of gender and physical activity. &lt;br&gt;- The social construction of gender and its impact on access to sport &lt;br&gt;- Common assumptions about sport and exercise in Australia</td>
<td>8 weeks</td>
<td>Assignment &lt;br&gt;Analysing exposition &lt;br&gt;1000 - 1500 word magazine article</td>
<td>Term 3, Week 8 &lt;br&gt;Monday 28th August 2016</td>
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<td><strong>Individual Performance</strong></td>
<td><strong>Olympic Weightlifting</strong> &lt;br&gt;- Practical techniques &lt;br&gt;- Competition &lt;br&gt;- Rules &lt;br&gt;- Evaluation of performance</td>
<td>8 weeks</td>
<td>Performance final competition &lt;br&gt;(140 minutes: 10:20am – 12:40pm)</td>
<td>Term 3, Week 8 &lt;br&gt;Monday 28th August 2017</td>
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<td><strong>Training program design</strong></td>
<td><strong>FOCUS AREA B</strong> &lt;br&gt;Training program design &lt;br&gt;- Immediate and long-term effects of training &lt;br&gt;- Recovery methods &lt;br&gt;- Injury prevention, management and rehabilitation in training practices (E)</td>
<td>7 weeks</td>
<td>Assignment &lt;br&gt;Recovery Methods &lt;br&gt;Research Report &lt;br&gt;1000 - 1500 words</td>
<td>Term 4, Week 6 &lt;br&gt;Monday 6th November 2017</td>
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<td><strong>Individual Interceptive</strong></td>
<td><strong>Badminton</strong> &lt;br&gt;- Racquet skills / techniques &lt;br&gt;- Singles match play / tournament play &lt;br&gt;- Tactics / strategies &lt;br&gt;- Rules</td>
<td>8 weeks</td>
<td>Performance Final</td>
<td>Term 4, Exam Block &lt;br&gt;90 minutes</td>
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**Literacy Components**
- Speaking and Listening: Direct instruction, communication in game environments.
- Reading & Viewing: Students comprehend various texts and research relevant resources.
- Writing & Designing: Students develop appropriately structured research reports and take class notes.

**Numeracy Components**
- Number: Students use numbers in scoring of Olympic Weightlifting and Badminton.
- Algebra:
- Measurement: Students measure physiological and performance capabilities.
- Space: Students develop movement patterns to manipulate space in offensive and defensive plays.
- Chance & Data: Students analyse fitness test data to evaluate training program effectiveness.

**ICT/Technology Components**
- Select and use ICTs in the processes of inquiry and research: Students use various ICT devices to conduct research and develop resources.
- Select and use ICTs to create a range of responses to suit the purpose and audience: Students use word processing documents to develop research report.
- Select and use ICTs to collaborate and enhance communication for an identified purpose and audience: Students collect research material.
- Develop and apply ethical, safe and responsible practices when working with ICTs: Students use safe and reliable websites to research information from valid sources.
- Use a range of advanced ICT functions and applications: