## MOSSMAN STATE HIGH SCHOOL

Term 4, 2017 – Course Outline - HPE092B – Mr Eder

<table>
<thead>
<tr>
<th>Unit Name</th>
<th>Main Ideas</th>
<th>Duration (weeks)</th>
<th>Assessment Item</th>
<th>Due Date</th>
</tr>
</thead>
</table>
| **Active Aussies?**          | Students will:  
• examine the role of physical activity in people’s lives  
• examine the factors that influence people’s decisions to participate in physical activity  
• understand the factors that shape cultural identity  
• investigate that the changes in participation in physical activity, over time  
• examine the changing cultural identity – physical activity over time  
• link the changes in physical activity to changing cultural identity                                                                                                                   | 7 weeks          | Exam            | Week 8  
                              | Tuesday 21<sup>st</sup> November 2017                                                                                                                                                            |                  |                 |                                                |
| **Moving more matters!**     | Students will:  
• explore the changing role of physical activity in the lives of Australians  
• become familiar with Australia’s physical activity and sedentary behaviour guidelines  
• explore the context and design features for community fitness interventions  
• become familiar with major muscle groups, fitness components and training principles  
• propose, perform and evaluate their own fitness workout to improve fitness and physical activity levels in their community.                                                                 | 8 weeks          | Practical       | Week 8  
                              | Thursday 23<sup>rd</sup> November 2017                                                                                                                                                    |                  |                 |                                                |

### Literacy Components
- **Speaking and Listening**: Students will be involved in a range of class discussions around the units being studied, along with team work discussions during activities and games and the practical assessment.
- **Reading & Viewing**: Students will review a range of information and videos to support the information being taught.
- **Writing & Designing**: Students will record notes into their notebooks and complete a range of worksheets and assessment exam.

### Numeracy Components
- **Number**: Students will use numbers to set up spaces for a range of activities.
- **Algebra**:
- **Measurement**:
- **Space**: Students develop spatial awareness and awareness of sport specific location and movement sequences.
- **Chance & Data**:

### ICT/Technology Components
- **Select and use ICTs in the processes of inquiry and research**: Students will use ICTs to research the role physical activity has had in shaping our cultural identity.
- **Select and use ICTs to create a range of responses to suit the purpose and audience**:
- **Select and use ICTs to collaborate and enhance communication for an identified purpose and audience**:
- **Develop and apply ethical, safe and responsible practices when working with ICTs**: Students will look for a range of credible internet sites when looking for materials and use safe internet strategies and procedures.
- **Use a range of advanced ICT functions and applications**: