



Mossman State High School

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Class Course Planner - 2024

Class: HPE081C

Date Range: 22-Jan-2024 to 28-Mar-2024

Term Week	Unit Number	Unit Plan - Topic	Assessment/Excursion	Date
T 1 Wk 1		Introduction to resilience in sport and life / Volleyball SM		
T 1 Wk 2		Black Dog resilience course Module 1 & 2 / Volleyball SMS		
T 1 Wk 3		Black Dog resilience course Module 3 & 4 / Volleyball SMS		
T 1 Wk 4		Rate limiters / Volleyball games		
T 1 Wk 5		Strategies to overcome rate limiters / Volleyball games		
T 1 Wk 6		Assignment / Volleyball games		
T 1 Wk 7		Assignment Due	Resilience and Volleyball Assignment	6 Mar
T 1 Wk 8		Finalise practical volleyball assessment		
T 1 Wk 9		Games to develop team work		
T 1 Wk 10		Games to develop team work		